

PLAYING HANDICAPTM TABLE 95% GOLF GOLF IRELAND

Course Rating™ 71.1	Women's Red (from	1 Apr 2024)	Par 70 Slope 124
Handicap Index®	Playing Handicap™	Handicap Index®	Playing Handicap™
+5.0 to +4.4	+4	25.4 to 26.3	28
+4.3 to +3.5	+3	26.4 to 27.2	29
+3.4 to +2.5	+2	27.3 to 28.2	30
+2.4 to +1.5	+1	28.3 to 29.2	31
+1.4 to +0.6	0	29.3 to 30.1	32
+0.5 to 0.4	1	30.2 to 31.1	33
0.5 to 1.3	2	31.2 to 32.0	34
1.4 to 2.3	3	32.1 to 33.0	35
2.4 to 3.3	4	33.1 to 34.0	36
3.4 to 4.2	5	34.1 to 34.9	37
4.3 to 5.2	6	35.0 to 35.9	38
5.3 to 6.1	7	36.0 to 36.8	39
6.2 to 7.1	8	36.9 to 37.8	40
7.2 to 8.1	9	37.9 to 38.8	41
8.2 to 9.0	10	38.9 to 39.7	42
9.1 to 10.0	11	39.8 to 40.7	43
10.1 to 10.9	12	40.8 to 41.6	44
11.0 to 11.9	13	41.7 to 42.6	45
12.0 to 12.9	14	42.7 to 43.6	46
13.0 to 13.8	15	43.7 to 44.5	47
13.9 to 14.8	16	44.6 to 45.5	48
14.9 to 15.7	17	45.6 to 46.4	49
15.8 to 16.7	18	46.5 to 47.4	50
16.8 to 17.7	19	47.5 to 48.3	51
17.8 to 18.6	20	48.4 to 49.3	52
18.7 to 19.6	21	49.4 to 50.3	53
19.7 to 20.5	22	50.4 to 51.2	54
20.6 to 21.5	23	51.3 to 52.2	55
21.6 to 22.4	24	52.3 to 53.1	56
22.5 to 23.4	25	53.2 to 54.0	57
23.5 to 24.4	26		
24.5 to 25.3	27		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column. Play with the Playing Handicap in the right column which correspond with that range. Please make sure the tees you are playing correspond with the tees this table applies to. Note: These playing handicaps have been calculated using a 95% handicap allowance.